

RESOURCES

<https://sdtribalrelations.sd.gov/tribes-nine-tribes.aspx>

<https://www.nativecairns.org>

<http://aktalakota.org>

<https://www.wolakotaproject.org>

<https://www.sjiskids.org/>
(search cultural resources, powwow and podcasts)

Owoksape app

Lakhotiyapi app



St. Joseph's Indian School

We serve and teach, we receive and learn.

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**30 WAYS TO BUILD
A CHILD'S
STRONG CULTURAL
IDENTITY**



- 1 Research the land base of your oyáte.
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- 2 Learn and retell your creation story.
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- 3 Get to know a traditional game and share it.
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- 4 Host a meal of traditional foods and how to make them.
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- 5 Do a traditional dance and pass it on.
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- 6 Study oral tradition and the ways to tell a story.
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- 7 Take a traditional prayer song to heart and sing it every day.
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- 8 Know your oyáte's flag and be able to draw and explain it.
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- 9 Know the true history of your oyáte and be able to tell it.
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- 10 Study the pre-reservation society of your oyáte and learn about your place in it.
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- 11 Acquaint yourself with lives of leaders from your oyáte.
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- 12 Study a traditional craft such as beading and try it.
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- 13 Learn about traditional and contemporary ledger art.
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- 14 Read the works of a 20th- or 21st-century Lakota or Dakota author.
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- 15 Know your star knowledge and sit with it under the night sky.
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- 16 Research the symbols and sign language of your oyáte.
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- 17 Rock your Mocs to honor your ancestors.
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- 18 Learn about traditional bow making and its meaning.
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- 19 Find out about braiding and the significance of hair.
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- 20 Equip yourself with an app, a website, a book or a class to better learn your language.
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- 21 Study and use the p̄hēžúta of your oyáte — sage, sweetgrass, cedar and more.
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- 22 Know kinship terms and use them often.
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- 23 Learn about the place and significance of the bison.
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- 24 Research and observe the harvest practices of your oyáte.
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- 25 Get to know someone who knows the culture. Learn, learn, learn.
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- 26 Read, learn and pass along an iktómi story.
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- 27 Find someone who can help you make a ribbon skirt or shirt, and wear it to show your identity.
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- 28 Know the 13 moons and observe their cycles.
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- 29 Come to know and respect all your relations.
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- 30 Pray to the directions everyday.